



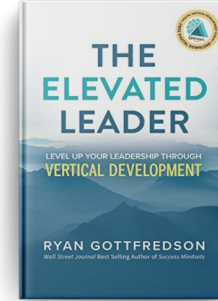
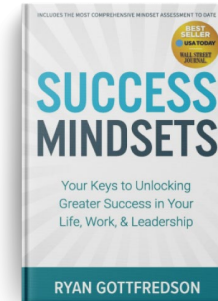
Vertical Development Community of Practice

September 2024

Ryan Gottfredson, Ph.D.



Ryan Gottfredson



Welcome



Any first-timers?



Any announcements, opportunities, shout-outs, or reasons to celebrate?



Any helpful readings or learning recently?



Last Session – Charles Jones – Emotional Response Ability



Watch on our VD COP webpage



<https://ryangottfredson.com/community-of-practice/>



I have a question for you

Chat in: Why are you interested in and passionate about vertical development?



Our biggest challenges:



Explaining what Vertical Development is



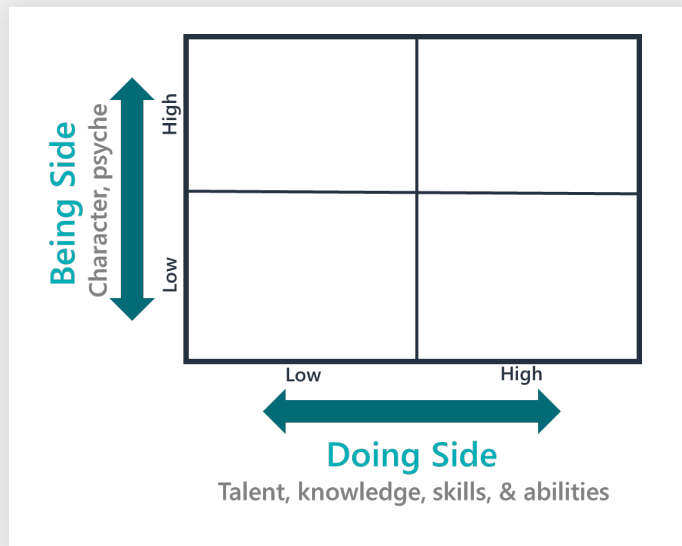
Explaining why Vertical Development is so valuable



Our biggest challenges:



Explaining what Vertical Development is
What works for you?



Our biggest challenges:



Explaining what Vertical Development is



Explaining why Vertical Development is so valuable



Two Discussion Questions

Exploring the impact of VD



What internal changes occur when someone vertically develops

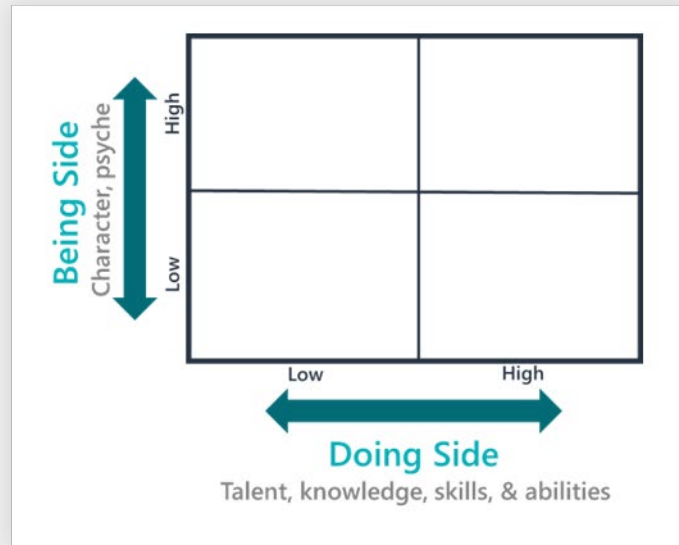


What external changes occur when someone vertically develops



First Breakout Room:

What internal changes occur when someone vertically develops?



First Breakout Room:

What internal changes occur when someone vertically develops?



Shift in needs



Widening of window of tolerance



Enhancement of one's complexity



Upgrade in one's mindsets and world views



Refinement and healing of one's nervous system

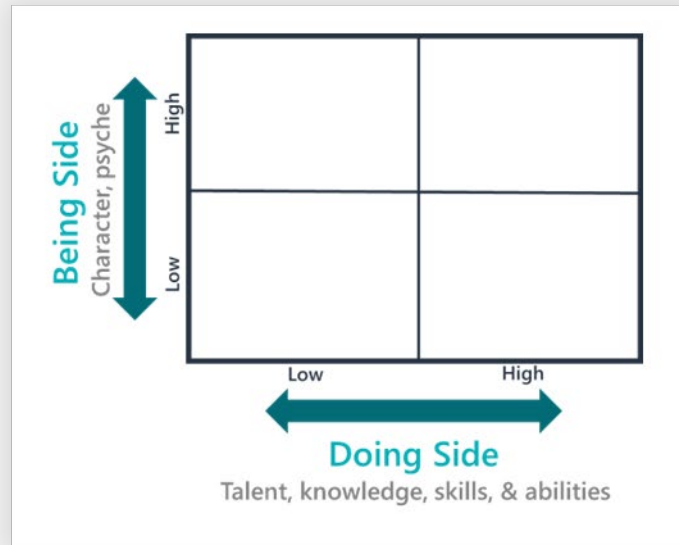
Letting go

- Themselves
- Engagement with world
- Relationships



Second Breakout Room:

What external changes occur when someone vertically develops?



Second Breakout Room:

What external changes occur when someone vertically develops?



Focused more on impact, contribution, and creating value



Longer time horizon



More empowering



More purpose-centered



More humble & more vulnerable



Our biggest challenges:



Explaining what Vertical Development is



Explaining why Vertical Development is so valuable



Next Session



November



Any guests you would like to see?





RYAN GOTTFREDSON

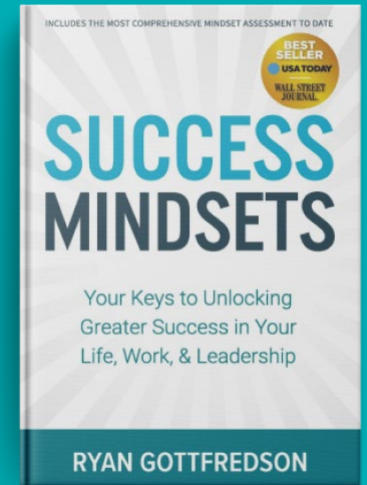
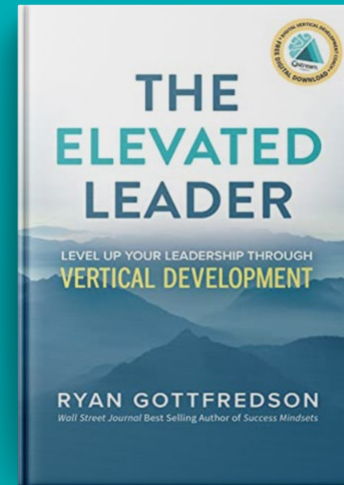
Thank You



(801) 458-6321



ryan@ryangottfredson.com



<https://ryangottfredson.com/books/>

